

2026 Western New York



NATIVE PLANT Shopping Guide



Free to download at
westernnewyork.wildones.org

About Wild Ones Western New York

Wild Ones WNY is a chapter of Wild Ones: Native Plants, Natural Landscapes (wildones.org), a national not-for-profit environmental education and advocacy organization, connecting people and native plants for a healthy planet.

Our mission is to promote environmentally sound landscaping practices to encourage biodiversity through the preservation, restoration, and establishment of native plant communities.

Thank you for using our WNY Native Plant Shopping Guide

We created this Guide to help you find native plants to purchase. We invite native plant nurseries in WNY to provide a list of native plants they plan to sell during the growing season. We review their selections and compile this Guide, which may be freely downloaded, printed, and shared. The nurseries in this Guide do not pay to be included nor are they paid to participate. View this Guide online or download copies of this Guide from our website at westernnewyork.wildones.org.

The plants are listed by scientific name for trees, shrubs, wildflowers, vines, grasses/sedges/rushes, and ferns.

This Guide's definition of "native"

We use the Darke/Tallamy functional definition of "native" found in *The Living Landscape*: ***"A plant or animal that has evolved in a given place over a period of time sufficient to develop complex and essential relationships with the physical environment and other organisms in a given ecological community."***

To determine which plants are native to our region, we use the [NY Flora Atlas](#) and the Native Plant Trust's [Go Botany](#). We have a column showing the [Keystone plants for the Eastern Temperate Forests - Ecoregion 8](#).

The codes we use in our Guide

Keystone species column: "Keystone plants are native plants critical to the food web and necessary for many wildlife species to complete their life cycle. Without keystone plants in the landscape, butterflies, native bees, and birds will not thrive. 96% of our terrestrial birds rely on insects supported by keystone plants." ~ *Garden for Wildlife* NWF. We strongly encourage you to include keystone plants in your landscape!

S for Species: This Guide lists native plant *species*, not *cultivars*. **Cultivars** of native plants (may be called "nativars") are generally propagated vegetatively to preserve selected traits attractive to people. They may or may not retain the important habitat properties of the species. **Species**, on the other hand, provide genetic diversity and provide desirable habitat qualities. Read more about the [Wild Ones position "Nativars: Where do they fit in?"](#) on the Wild Ones website.

L for Local: Species grown from local genotype seeds are indicated by an “L.” Why is this important? For example, a red maple from the South and one from the Northeast are both *Acer rubrum*, BUT the local genotype plant will better match local conditions. **IMPORTANT:** Local genotype is NOT the same as locally-grown, although local genotype plants are generally grown locally. We encourage you to choose local genotype plants.

 – Good for specialist bees: From Cornell's [Creating a pollinator garden for native specialist bees](#) of NY and the Northeast and the list of Keystone plants that host pollen specialist bees

 – Keystone plants for butterfly and moth caterpillars

Shopping tips

- **Use the scientific name**, including the first (*Genus*) and second (*species*) names. Sometimes knowing the variety is important, too, and is noted as “var.” *Common names are not as accurate and may refer to more than one plant, so we encourage you to use list organized by scientific name.*
- **Use native plant references** to research and plan your purchases. Know the conditions of your own site and choose plants that will thrive in those conditions. *Bring references with you when you shop!*
- **Read plant labels carefully.** *Be aware that many conventional stores or nurseries may use plant labels that say “Native,” but they may merely be native to the continent, not to WNY or even to the Northeast. Plants native to the Pacific Northwest, for example, are not necessarily native in WNY and we wouldn’t recommend them.*
- **Patronize nurseries that sell nursery-propagated native plants** from seeds or cuttings. Never buy plants dug from the wild (or dig them from the wild yourself). Ask nurseries about the source of their plants.
- **Buy pesticide-free plants.** Often plants are treated with systemic pesticides: pesticides incorporated into the plant that don’t wash off and can linger in the soil for years. These pesticides (banned in many other countries) may harm pollinators and other wildlife. *Confirm with nurseries that their plants are pesticide-free.*
- **Please check your plants for worms!** Virtually any worm you find in a plant pot is NOT native, and jumping worms are particularly harmful.
Learn more: ccecolumbiagreene.org/resources/jumping-worm-fact-sheet
- **CALL AHEAD** to confirm nursery hours and the **availability of your desired plants** before setting out on a trip to a nursery.

To learn more, we recommend:

Native plant websites:

New York Flora Atlas: newyork.plantatlas.usf.edu/ – **Important:** Filter for “Native”

Native Plant Trust: gobotany.nativeplanttrust.org/

(Check the North American range map below the New England range)

National Wildlife Federation: [Keystone plants for the Eastern Temperate Forests - Ecoregion 8](#)

Biota of North America Program: bonap.org/ – Shows native range of plants

(green=native; blue=non-native)

Native Plants for Birds at audubon.org/plantsforbirds/ – Audubon list of native plants

Lady Bird Johnson Wildflower Center at wildflower.org/plants/

organized by state and plant size; also includes cultural conditions

Native plant books:

IMPORTANT: Most books include all plants native to the continent; check for the Northeast!

Joel Baines *Native Plants for Native Birds* (published by Ithaca's Cayuga Bird Club)

Uli Lorimer *The Northeast Native Plant Primer: 235 plants for an Earth-Friendly Garden*

Donald Leopold *Native Plants of the Northeast: A Guide for Gardening and Conservation*

William Cullina *Wildflowers: A Guide to Growing and Propagating Native Flowers of NA*

William Cullina *Native Trees, Shrubs, & Vines*

William Cullina *Native Ferns, Moss, & Grasses*

Habitat gardening books:

Douglas Tallamy *How Can I Help?: Saving Nature with Your Yard*

Douglas Tallamy *Bringing Nature Home: How You Can Sustain Wildlife with Native Plants*

Rick Darke and Doug Tallamy *The Living Landscape: Designing for Beauty and Biodiversity*

Douglas Tallamy *The Nature of Oaks: The Rich Ecology of Our Most Essential Native Trees*

Douglas Tallamy *Nature's Best Hope: A New Approach to Conservation that Starts in Your Yard*

Douglas Tallamy *Nature's Best Hope – Young Reader's Edition*

Sara Stein *Noah's Garden: Restoring the Ecology of Our Own Back Yards – A classic!*

Nancy Lawson *The Humane Gardener*

Nancy Lawson *Wildscape*

Xerces Society *Attracting Native Pollinators*

Holm, Heather *A variety of books on pollinators*

Native Plant Nurseries included in the Guide

Not all nurseries have storefronts, so call or check their websites before visiting!

Hours may vary through the season and some plants will sell out.

If you're looking for a specific plant, call ahead to check availability.

NAME and WEBSITE	ADDRESS	CONTACT
Amanda's Native Garden LLC amandasnativeplants.com	8030 Story Rd, Dansville, NY 14437	ellen@amandasnativeplants.com (585) 750-6288
CW Native Plant Farm cwnativeplantfarm.com	12288 Tonawanda Creek Road Akron, NY 14001	cwnativeplantfarm@gmail.com (716) 417-2626
Masterson's Garden Center, Inc Mastersons.net	725 Olean Road East Aurora, NY 14052	info@mastersons.net (716) 655-0133
Primeval Forest primevalforestnursery.com	2813 Niagara St Buffalo, NY 14207	primevalforestnursery@gmail.com (716).322.6815
Royal Fern Nursery facebook.com/royalfernnursery	8888 Glasgow Rd, Fredonia, NY 14063	royalfernnursery@gmail.com
Swiftwater Organic Farm swiftwaterorganics.com	Lockport, NY	farm@swiftwaterorganics.com 716-406-7374
The English Gardener English-gardener.com	4000 Harlem Rd Snyder, NY 14226	englishgardenerservices@gmail.com 716-833-8000
Urban Roots urbanroots.org	428 Rhode Island St Buffalo, NY 14213	info@urbanroots.org (716) 362-8982

Native Plant Resources in WNY

These businesses offer a variety of services, including consulting, education and plants. Some nurseries are included below as well. Please contact them for more information.

Amma's Forest Garden mmasforestgardens.com/ Trees and Shrubs	East Rochester NY	worker@mmasforestgardens.com *contact for plant availability and hours
Buffalo Niagara Waterkeeper https://bnwaterkeeper.org/ Educational Resources	Buffalo NY	info@bnwaterkeeper.org
Eastern Monarch Butterfly Farm easternmonarchbutterflyfarm.com Education, Consultation, Plants	Clarence NY	easternmonarch@gmail.com (716)759-8500
ECOS Cooperative ecoscooperative.com Consultation, Restoration	Buffalo NY	ecos.cooperative.inc@gmail.com
Firouzan Food Forest instagram.com/firouzanfoodforest Trees and Shrubs	Williamsville NY	firouzanfoodforest@gmail.com
Future Tree Nursery Native Plants, especially trees instagram.com/futuretree.nursery	Medina, NY	James at jfpas24@yahoo.com *contact for plant availability and hours
Lessons from Nature - Lyn Chimera LessonsFromNature.biz Education, Consultation, Plants	East Aurora, NY	Lyn@lessonsfromnature.biz
Native Plant Guy – Ken Parker NativePlantGuy.com Education, Consultation, Plants	Cheektowaga NY	NativePlantGuy.com
Nature Teacher N.Y. Michael Klepp instagram.com/natureteacherNY Education, Consultation	Orleans County, NY	NatureTeacherNY@gmail.com
Niagara Frontier Botanical Society Habitat Education and Guided Hikes	Buffalo, NY	sites.google.com/a/niagarafrontierbotanicalsociety.org/niagara-frontier-botanical-society/home
Western NY Prism www.wnyprism.org Education, Resources for Invasive Species Management	Buffalo, NY	wnyprism@buffalostate.edu 716-878-4708

WILDFLOWERS

Keystone Species	Specialist bees	Butterfly/Moth	SCIENTIFIC NAME	COMMON NAME	Amandas Grdn	CW Native Plant Farm	English Gardener	Masterson's	Primeval Forest	Royal Fern	Swiftwater	Urban Roots	Notes
			<i>Achillea millefolium</i>	Yarrow				S	S		L	S	
			<i>Actaea pachypoda</i>	White baneberry aka Doll's eyes	L				S				
			<i>Actaea racemosa</i>	Black cohosh	S	S		S	S			S	Syn: Cimicifuga racemosa
			<i>Actaea rubra</i>	Red baneberry aka Doll's eyes	L								
			<i>Agastache neptoides</i>	Yellow giant hyssop							L		
			<i>Agastache scrophularifolia</i>	Purple giant hyssop					S				
			<i>Ageratina altissima</i>	White snakeroot		S	S		S		L		Syn: Eupatorium rugosum
			<i>Allium cernuum</i>	Nodding onion	S		S	S	S			S	
			<i>Allium tricoccum</i>	Wild leek aka Ramps	L								
			<i>Anaphalis margaritacea</i>	Pearly everlasting	S	S			S		L		
			<i>Anemone canadensis</i>	Canada anemone aka Windflower	L	S	L	S	S	L		S	
			<i>Anemone cylindrica</i>	Long-headed windflower					S				
			<i>Anemone virginiana</i>	Thimbleweed aka Tall anemone	L	S			S	L	L	S	
			<i>Antennaria neglecta</i>	Prairie Pussytoes	L								
			<i>Antennaria plantaginea</i>	Plantain-leaved pussytoes	S		S		S				
			<i>Aquilegia canadensis</i>	Wild columbine	L	S	S	S	S			S	
			<i>Aralia racemosa</i>	American spikenard	L		S						
			<i>Arisaema dracontium</i>	Green dragon	S								
			<i>Arisaema triphyllum</i>	Jack-in-the-pulpit	L	S			S		L	S	
			<i>Asarum canadense</i>	Wild ginger	L	S		S	S	L		S	
			<i>Asclepias exaltata</i>	Forest milkweed	L				S		L		
			<i>Asclepias incarnata</i>	Swamp milkweed	L		S	S	S	L	L	S	
			<i>Asclepias syriaca</i>	Common milkweed	L	S		S		L	L	S	
			<i>Asclepias tuberosa</i>	Butterflyweed	L	S	S	S	S	L	L	S	
			<i>Asclepias verticillata</i>	whorled milkweed		S		S				S	
			<i>Astragalus canadensis</i>	Canada milk vetch					S				
			<i>Baptisia tinctoria</i>	Yellow wild indigo				S	S			S	
			<i>Blephilia ciliata</i>	Downy wood mint		S	S		S				
			<i>Blephilia hirsuta</i>	Hairy wood mint					S				
			<i>Caltha palustris</i>	Marsh marigold	L			S	S			S	
			<i>Campanula rotundifolia</i>	Harebell		S		S	S		L	S	
			<i>Campanulastrum americana</i>	Tall bellflower					S				
			<i>Cardamine concatenata</i>	Cutleaf toothwort	L								Syn: Dentaria laciniata
			<i>Cardamine diphylla</i>	Two-leaved toothwort	L								Syn: Dentaria diphylla
			<i>Caulophyllum thalictroides</i>	Blue cohosh	L				S				
			<i>Chelone glabra</i>	White turtlehead	L	S	S	S	S	L	L	S	

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Y			<i>Cirsium discolor</i>	Pasture thistle	S								
			<i>Collinsonia canadensis</i>	Horse balm							L		
Y			<i>Coreopsis rosea</i>	Pink tickseed					S				
			<i>Desmodium canadense</i>	Showy tick trefoil	S				S	L	L		
			<i>Dicentra cucullaria</i>	Dutchman's breeches	L				S				
			<i>Dicentra eximia</i>	Wild bleeding-heart	S			S	S			S	
			<i>Dodecatheon meadia</i>	Shooting star	S				S				Syn: Primula meadia
			<i>Doellingeria umbellata</i>	Flat-topped white aster	L		S			L	L		
			<i>Drymocallis arguta</i>	Tall cinquefoil					S				Syn: Potentilla arguta
Y			<i>Erigeron pulchellus</i>	Robin's plantain fleabane	S		S		S				
			<i>Erythronium americanum</i>	Trout lily	L	S							
			<i>Eupatorium maculatum</i>	Spotted joe-pye weed	L				S			S	Syn: Eutrochium maculatum
			<i>Eupatorium perfoliatum</i>	Boneset	L	S		S	S	L	L		
			<i>Eupatorium purpureum</i>	Joe-pye weed, Purple	L				S			S	Syn: Eutrochium purpureum
			<i>Euphorbia corollata</i>	Flowering spurge					S				
			<i>Eurybia divaricata</i>	Aster, White wood	L	S	S	S			L		Syn: Aster divaricatus
			<i>Eurybia macrophylla</i>	Aster, Bigleaf					S		L		Syn: Aster macrophyllus
Y			<i>Euthamia graminifolia</i>	Goldenrod, Grass-leaved	L						L		
			<i>Eutrochium fistulosum</i>	Joe-pye weed, Hollow		S						S	Syn: Eupatorium fistulosum
			<i>Eutrochium maculatum</i>	Joe-pye weed, Spotted	L	S	S		S		L	S	Syn: Eupatorium maculatum
			<i>Eutrochium purpureum</i>	Joe-pye weed, Purple	L	S			S	L		S	Syn: Eupatorium purpureum
			<i>Fragaria virginiana</i>	Wild strawberry	L	S	L	S	S		L	S	
			<i>Gentiana clausa</i>	Closed gentian	S				S				
			<i>Geranium maculatum</i>	Wild geranium	L	S		S	S			S	
			<i>Geum aleppicum</i>	Yellow avens	S				S				
			<i>Geum fragarioides</i>	Barren strawberry	L								Syn: Waldsteinia fragarioides
			<i>Geum triflorum</i>	Prairie smoke	S	S	S		S				
			<i>Gillenla trifoliata</i>	Bowman's root	S								Syn: Portanthus trifoliatus
			<i>Goodyera pubescens</i>	Rattlesnake plantain					S				
Y			<i>Helenium autumnale</i>	Sneezeweed	S	S	S	S	S	L	L	S	
Y			<i>Helianthus divaricatus</i>	Sunflower, Woodland	S			S	S	L			
Y			<i>Helianthus giganteus</i>	Sunflower, Tall					S			S	
Y			<i>Heliopsis helianthoides</i>	Oxeye aka False sunflower	S	S	S		S	L	L		
			<i>Hepatica nobilis var. acuta</i>	Hepatica, Sharp-lobed	S				S				Syn: H. americana; Anemone americana

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			<i>Heuchera americana</i>	Alumroot	S				S				
			<i>Hibiscus moscheutos</i>	Rose mallow, Crimson-eyed		S	S		S	L	L	S	
			<i>Hibiscus palustris</i>	Rose mallow, Swamp			S	S	S				
			<i>Hydrastis canadensis</i>	Goldenseal					S				
			<i>Hydrophyllum canadense</i>	Maple-leaved waterleaf aka Canada waterleaf	L								
			<i>Hydrophyllum virginianum</i>	Eastern waterleaf aka Virginia waterleaf	L				S		L		
			<i>Iris cristata</i>	Crested iris			S		S				
			<i>Iris versicolor</i>	Blue flag iris	L	S		S	S	L		S	
			<i>Jeffersonia diphylla</i>	Twinleaf	S								
			<i>Lespedeza capitata</i>	Round-headed bush clover							L		
			<i>Lilium canadense</i>	Canada lily	S								
			<i>Lilium superbum</i>	Turk's cap lily	S				S				
			<i>Lobelia cardinalis</i>	Cardinal flower	L	S	S	S	S	L	L	S	
			<i>Lobelia inflata</i>	Indian tobacco							L		
			<i>Lobelia siphilitica</i>	Lobelia, Great blue	L	S	S	S	S	L	L	S	
			<i>Lobelia spicata</i>	Lobelia, Pale spiked					S				
			<i>Lysimachia ciliata</i>	Fringed loosestrife								S	
			<i>Maianthemum canadense</i>	Canada mayflower	L								
			<i>Maianthemum racemosum</i>	False Solomon's seal	L								Syn: Smilacina racemosa
			<i>Maianthemum stellatum</i>	Starry false Solomon's seal	L								
			<i>Mertensia virginica</i>	Virginia bluebells	S	S	S	S	S			S	
			<i>Micranthes pensylvanica</i>	Swamp saxifrage	L								Syn: Saxifraga pensylvanica
			<i>Mimulus ringens</i>	Monkey flower	S			S	S		L		
			<i>Mitella diphylla</i>	Bishop's cap	L							S	
			<i>Monarda didyma</i>	Beebalm	S	S		S	S	L			
			<i>Monarda fistulosa</i>	Bergamot	L	S	S	S	S	L	L	S	
			<i>Monarda punctata</i>	Dotted horsemint		S	S	S	S		L	S	
Y			<i>Oenothera biennis</i>	Evening primrose			L	L			L	S	
Y			<i>Oenothera fruticosa</i>	Sundrops, Narrowleaf	S		S	S					Syn: Oenothera tetragona
			<i>Oligoneuron rigidum</i>	Goldenrod, Stiff	S		S		S				Syn: Solidago rigida
			<i>Opuntia humifusa</i>	Eastern prickly-pear	S				S				
			<i>Packera aurea</i>	Golden ragwort	S	S	S	S	S	L	L	S	Syn: Senecio aurea
			<i>Packera obovata</i>	Roundleaf groundsel			S						
			<i>Parnassia glauca</i>	Grass of Parnassus	L								
			<i>Penstemon hirsutus</i>	Beardtongue, Hairy	S	S			S	L		S	
			<i>Persicaria virginiana</i>	Woodland knotweed aka Jumpseed							L		
			<i>Phlox divaricata</i>	Phlox, Woodland	S			S	S				
			<i>Physostegia virginiana</i>	False dragonhead aka Obedient plant	S		S	S	S	L			

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			<i>Podophyllum peltatum</i>	Mayapple	L			L	S				
			<i>Polemonium reptans</i>	Jacob's ladder	S			S	S				
			<i>Polygonatum biflorum</i>	Solomon's seal, Great	S	S			S				
			<i>Polygonatum pubescens</i>	Solomon's seal, Hairy	S								
			<i>Porteranthus trifolius</i>	Bowman's root	S								Syn: Gillenia trifoliata
			<i>Pycnanthemum incanum</i>	Hoary mountain mint					S				
			<i>Pycnanthemum muticum</i>	Mountain mint, Short-toothed	S		S	S	S			S	
			<i>Pycnanthemum tenuifolium</i>	Mountain mint, Narrow-leaf					S			S	
			<i>Pycnanthemum verticillatum</i> var. <i>pilosum</i>	Mountain mint, Hairy	S	S			S			S	
			<i>Pycnanthemum virginianum</i>	Mountain mint, Virginia	S	S	S		S		L		
Y			<i>Rudbeckia hirta</i>	Black-eyed susan		S		S	S				
Y			<i>Rudbeckia laciniata</i>	Cutleaf coneflower	L		S	S	S	L	L	S	
Y			<i>Rudbeckia triloba</i>	Brown-eyed susan					S			S	
			<i>Salvia lyrata</i>	Lyre-leaved sage					S				
			<i>Sanguinaria canadensis</i>	Bloodroot	L	S							
			<i>Sanguisorba canadensis</i>	Canadian burnet	S								
			<i>Saururus cernuus</i>	Lizard's tail					S		L		
			<i>Saxifraga pensylvanica</i>	Swamp saxifrage	L								Syn: Micranthes pensylvanica
			<i>Scrophularia lanceolata</i>	Early figwort							L		
			<i>Scutellaria incana</i>	hoary skullcap				S	S			S	
			<i>Scutellaria lateriflora</i>	Mad dog skullcap					S				Syn: S. integrifolia
			<i>Sedum ternatum</i>	Wild stonecrop	S			S	S				
			<i>Senecio aureus</i>	Golden ragwort	S			S	S				Syn: Packera aurea
			<i>Senna hebecarpa</i>	Wild senna	S			S	S			S	Syn: Cassia hebecarpa
			<i>Silene stellata</i>	Starry campion					S				
			<i>Sisyrinchium angustifolium</i>	Blue-eyed grass	L	S	S	S	S		L		
Y			<i>Solidago bicolor</i>	Goldenrod, Silverrod				S				S	
Y			<i>Solidago caesia</i>	Goldenrod, Bluestem	L	S		S		L	L	S	
Y			<i>Solidago flexicaulis</i>	Goldenrod, Zigzag	L				S	L	L		
Y			<i>Solidago nemoralis</i>	Goldenrod, Gray		S				L			
Y			<i>Solidago rigida</i>	Goldenrod, Stiff flat-topped	S				S	L	L		
Y			<i>Solidago rugosa</i>	Goldenrod, Wrinkleleaf	L						L	S	
Y			<i>Solidago sempervirens</i>	Goldenrod, Seaside								S	
Y			<i>Solidago speciosa</i>	Goldenrod, Showy	S				S				
			<i>Stylophorum diphyllum</i>	Celandine poppy aka Yellow wood poppy	S								
Y			<i>Symphotrichum cordifolium</i>	Aster, Heartleaf aka Blue wood aster	L	S	S		S	L	L		Syn: Aster cordifolius
Y			<i>Symphotrichum laeve</i>	Aster, Smooth	S	S	S		S		L		Syn: Aster laevis

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Y			<i>Symphiotrichum lanceolatum</i>	Aster, Panicked					S		L		
Y			<i>Symphiotrichum lateriflorum</i>	Aster, Calico					S		L		
Y			<i>Symphiotrichum novae-angliae</i>	Aster, New England	L	S	S	S	S	L	L		Syn: Aster novae-angliae
Y			<i>Symphiotrichum novi-belgii</i>	Aster, New York aka Dwarf aster	L		S		S		L		Syn: Aster novi-belgii
Y			<i>Symphiotrichum oblongifolium</i>	Aster, Shale	S				S				Syn: Aster oblongifolius
Y			<i>Symphiotrichum oolentangiense</i>	Aster, Sky blue	S	S			S		L		
Y			<i>Symphiotrichum pilosum</i>	Aster, Frost					S				
Y			<i>Symphiotrichum puniceum</i>	Aster, Swamp		S	S		S		L		
Y			<i>Symphiotrichum urophyllum</i>	Aster, White arrowleaf	L					L	L		
			<i>Teucrium canadense</i>	American germander						L			
			<i>Thalictrum dioicum</i>	Rue, Early meadow	L				S			S	
			<i>Thalictrum pubescens</i>	Rue, Tall meadow aka King of the meadow	L					L			Syn: Thalictrum polygamum
			<i>Thalictrum thalictroides</i>	Rue anemone	S								Syn: Anemonella thalictroides
			<i>Tiarella cordifolia</i>	Heartleaf foamflower	L	S	S	S	S	L			Syn: Tiarella wherryi
			<i>Tradescantia ohiensis</i>	Smooth spiderwort aka Bluejacket; aka Ohio spiderwort					S				
			<i>Trillium erectum</i>	Purple trillium aka Red trillium	L				S			S	
			<i>Trillium grandiflorum</i>	White trillium	L	S			S			S	
			<i>Uvularia grandiflora</i>	Bellwort, Large spreading	S								
			<i>Uvularia perfoliata</i>	Bellwort, Perfoliate	L								
			<i>Verbena hastata</i>	Tall verbena aka Blue vervain	L	S		S	S	L	L	S	
Y			<i>Verbesina alternifolia</i>	Wingstem aka Yellow ironweed	S				S				
Y			<i>Vernonia noveboracensis</i>	New York ironweed	S		S	S	S		L	S	
			<i>Veronicastrum virginicum</i>	Culver's root	S	S		S	S		L		
			<i>Viola blanda</i>	Violet, Sweet white	L	S							
			<i>Viola labradorica</i>	Violet, Labrador	S				S				
			<i>Viola macloskeyi</i>	Violet, Northern white aka Small white violet	L								Syn: Viola pallens
			<i>Viola pallens</i>	Violet, Northern white aka Small white violet	L								Syn: Viola macloskeyi
			<i>Viola pubescens</i>	Violet, Downy yellow	L								
			<i>Viola sororia</i>	Violet, Dooryard aka Common blue violet	S		S	S	S		L	S	
			<i>Viola striata</i>	Violet, Striped				S				S	

HERBACEOUS
WILDFLOWERS

2026 WNY Native Plant Shopping Guide

Compiled on 7/12/2026

Keystone Species	Specialist bees	Butterfly/Moth	SCIENTIFIC NAME	COMMON NAME	Amandas Grdn	CW Native Plant Farm	English Gardener	Masterson's	Primeval Forest	Royal Fern	Swiftwater	Urban Roots	Notes
			<i>Zizia aptera</i>	Heart-leaved alexanders	S								
			<i>Zizia aurea</i>	Golden alexanders	S	S	S	S	S	L	L	S	

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			<i>Adiantum pedatum</i>	Maidenhair fern	L			S	S				
			<i>Asplenium platyneuron</i>	Ebony spleenwort	L								
			<i>Asplenium scolopendrium</i> var. <i>americanum</i>	American hart's-tongue fern	S								Syn: Phyllitis scolopendrium var. americana BUT NOT the Eurasian A. scolopendrium var. scolopendrium
			<i>Athyrium filix-femina</i>	Lady fern				S				S	
			<i>Dennstaedtia punctiloba</i>	Hayscented fern								S	
			<i>Dryopteris cristata</i>	Crested wood fern							L		
			<i>Dryopteris goldiana</i>	Goldie's wood fern	S								
			<i>Dryopteris intermedia</i>	Evergreen wood fern							L		
			<i>Dryopteris marginalis</i>	Marginal shield fern	S			S				S	
			<i>Matteuccia struthiopteris</i>	Ostrich fern				S	S			S	
			<i>Onoclea sensibilis</i>	Sensitive fern	L		S		S		L	S	
			<i>Osmunda claytoniana</i>	Interrupted fern	L								
			<i>Osmunda regalis</i> var. <i>spectabilis</i>	Royal fern	L	S	S		S				
			<i>Osmundastrum cinnamomeum</i>	Cinnamon fern	L			S	S			S	Syn: Osmunda cinnamomea
			<i>Polystichum acrostichoides</i> var. <i>acrostichoides</i>	Christmas fern	L	S		S				S	
			<i>Polystichum braunii</i>	Braun's holly fern	S								
			<i>Thelypteris noveboracensis</i>	New York fern					S			S	Syn: Parathelypteris noveboracensis
			<i>Thelypteris palustris</i>	Marsh fern	L								
			<i>Woodwardia areolata</i>	Netted chain fern	S								Syn: Lorinseria areolata
			<i>Woodwardia virginica</i>	Virginia chain fern	S								Syn: Anichstea virginica

RUSHES

Keystone Species	Specialist bees	Butterfly/Moth	SCIENTIFIC NAME	COMMON NAME	Amandas Grdn	CW Native Plant Farm	English Gardener	Masterson's	Primeval Forest	Royal Fern	Swiftwater	Urban Roots	Notes
			<i>Andropogon gerardii</i>	Big bluestem	S			S	S	L	L	S	
			<i>Bouteloua curtipendula</i>	Sideoats grama	S		S			L	L	S	
			<i>Carex appalachica</i>	Upland sedge	S		S						
			<i>Carex hystericina</i>	Porcupine sedge							L		
			<i>Carex lupulina</i>	Hop sedge					S		L		
			<i>Carex lurida</i>	Sallow sedge							L		
			<i>Carex pensylvanica</i>	Pennsylvania sedge	S		S	S	S			S	
			<i>Carex plantaginea</i>	Plantainleaf sedge	L						L	S	
			<i>Carex radiata</i>	Eastern star sedge			S						
			<i>Carex rosea</i>	Upland star sedge aka Rosy sedge								S	
			<i>Carex stipata</i>	Awl-fruited sedge							L		
			<i>Carex vulpinoidea</i>	Fox sedge						L	L	S	
			<i>Danthonia spicata</i>	Poverty oat grass	S		S						
			<i>Dichanthelium clandestinum</i>	Deer tongue			S						Syn: Panicum clandestinum
			<i>Elymus canadensis</i>	Canada wild rye	S				S		L		
			<i>Elymus hystrix</i>	Bottlebrush grass	L			L		L	L		Syn: Hystrix patula
			<i>Elymus riparius</i>	Riverbank wildrye			S						
			<i>Elymus virginicus</i>	Virginia wild rye	L						L		
			<i>Eragrostis spectabilis</i>	Purple lovegrass	S		S		S				
			<i>Glyceria canadensis</i>	Rattlesnake grass	S								
			<i>Hierochloe odorata</i>	Sweet grass	S								
			<i>Juncus effusus</i>	Soft rush					S		L		
			<i>Juncus tenuis</i>	Path rush			S			L	L		
			<i>Muhlenbergia capillaris</i>	Hairy-awned muhly				S				S	
			<i>Panicum clandestinum</i>	Deer-tongue rosette-grass			S						Syn: Dichanthelium clandestinum
			<i>Panicum virgatum</i>	Switchgrass	S	S	S			L			
			<i>Schizachyrium scoparium</i>	Little bluestem	S		S		S	L	L	S	
			<i>Scirpus atrovirens</i>	Green bulrush							L		
			<i>Scirpus cyperinus</i>	Wool grass						L			
			<i>Sorghastrum nutans</i>	Indiangrass	S	S	S	L		L	L		
			<i>Sporobolus heterolepis</i>	Prairie dropseed	S		S		S			S	

Keystone Species	Specialist bees	Butterfly/Moth	SCIENTIFIC NAME	COMMON NAME	Amandas Grdn	CW Native Plant Farm	English Gardener	Masterson's	Primeval Forest	Royal Fern	Swiftwater	Urban Roots	Notes
Y			<i>Alnus incana</i>	Alder, Speckled				S	S				Syn: <i>Alnus incana</i> ssp. <i>rugosa</i>
Y			<i>Alnus serrulata</i>	Alder, Black aka Smooth; aka Common					S				Syn: <i>Alnus incana</i> var. <i>serrulata</i>
			<i>Aronia arbutifolia</i>	Chokeberry, Red				S	S				Syn: <i>Photinia pyrifolia</i>
			<i>Aronia melanocarpa</i>	Chokeberry, Black		S		L	S	S		S	Syn: <i>Photinia melanocarpa</i>
			<i>Ceanothus americanus</i>	New Jersey tea	S				S			S	
			<i>Cephalanthus occidentalis</i>	Buttonbush	S	S	S	L	S	L	L		
			<i>Clematis virginiana</i> (VINE)	Virgin's bower									
			<i>Clethra alnifolia</i>	Summersweet		S		S	S			S	
Y			<i>Cornus amomum</i>	Dogwood, Silky	S		S	S	S	L			Syn: <i>Swida amomum</i>
Y			<i>Cornus racemosa</i>	Dogwood, Gray		S	S		S		L	S	
Y			<i>Cornus sericea</i>	Dogwood, Red-osier aka Red twig dogwood			S	S	S	L	L		
Y			<i>Corylus americana</i>	Hazelnut, American		S	S	S	S	S			
			<i>Diervilla lonicera</i>	Bush honeysuckle		S			S	L			
			<i>Gaultheria procumbens</i>	Wintergreen aka Teaberry							L	S	
			<i>Hamamelis virginiana</i>	Witch-hazel		S	S	S	S	L		S	
			<i>Hydrangea arborescens</i>	American hydrangea				S	S				
			<i>Hypericum prolificum</i>	Shrubby St. John's wort		S		S	S				
			<i>Ilex verticillata</i>	Winterberry			S	S	S				
			<i>Lindera benzoin</i>	Spicebush			S	S	S	L	L	S	
			<i>Lonicera sempervirens</i> (VINE)	Trumpet honeysuckle aka Coral honeysuckle									
			<i>Mitchella repens</i>	Partridgeberry	L								
Y			<i>Morella pensylvanica</i>	Bayberry, Northern			S	S	S	S		S	Syn: <i>Myrica pensylvanica</i>
			<i>Parthenocissus quinquefolia</i> (VINE)	Virginia creeper									
			<i>Physocarpus opulifolius</i>	Ninebark	S	S		L	S	S			
Y			<i>Prunus americana</i>	Sand cherry					S		L		
Y			<i>Prunus maritima</i>	Beach plum					S	S		S	
Y			<i>Prunus virginiana</i>	American chokecherry	L			L	S				
			<i>Rhododendron periclymenoides</i>	Pinxter bush					S				
			<i>Rhus aromatica</i>	Sumac, Fragrant					S			S	
			<i>Rhus copallinum</i>	Sumac, Winged			S		S				
			<i>Rhus typhina</i>	Sumac, Staghorn		S		S	S	L	L		
Y			<i>Rosa palustris</i>	Rose, Swamp	S	S		S	S	L			
Y			<i>Rosa virginiana</i>	Rose, Virginia	S	S	S	S	S	S		S	
Y			<i>Rubus odoratus</i>	Purple-flowering raspberry	L		L		S			S	
Y			<i>Salix discolor</i>	Pussy willow		S			S				

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			<i>Sambucus nigra</i>	Elderberry, Black				S	S	L			Syn: Sambucus canadensis
			<i>Spiraea tomentosa</i>	Steeplebush		S	S	S	S				
			<i>Spiraea alba</i> var. <i>alba</i>	Meadowsweet					S				
			<i>Staphylea trifolia</i>	Bladdernut					S				
Y			<i>Vaccinium corymbosum</i>	Highbush blueberry		S		S	S				
			<i>Viburnum trilobum</i>	Highbush cranberry					S				
			<i>Viburnum dentatum</i>	Viburnum, Arrowwood		S		S	S				
			<i>Viburnum lentago</i>	Viburnum, Nannyberry		S		S	S				
			<i>Viburnum opulus</i> var. <i>americanum</i>	Cranberrybush, American					S				Syn: Viburnum trilobum *NOT* V. opulus var. opulus (Eurasian)

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Y			<i>Acer pensylvanicum</i>	Maple, Striped aka Moosewood		S	S				L		
Y			<i>Acer rubrum</i>	Maple, Red		S		S	S	L			
Y			<i>Acer saccharinum</i>	Maple, Silver	S				S	S			
Y			<i>Acer saccharum</i>	Maple, Sugar				S	S				
Y			<i>Amelanchier arborea</i>	Downy serviceberry			S			S			
Y			<i>Amelanchier canadensis</i>	Shadbush aka Juneberry; aka Serviceberry				S	S			S	
Y			<i>Amelanchier laevis</i>	Alleghany serviceberry		S		S	S				
			<i>Asimina triloba</i>	Pawpaw		S	S	S	S		L		
Y			<i>Betula alleghaniensis</i>	Birch, Yellow		S			S				
Y			<i>Betula lenta</i>	Birch, Sweet		S			S				
Y			<i>Betula nigra</i>	Birch, River		S		S	S			S	
Y			<i>Betula papyrifera</i>	Birch, Paper				S	S				
			<i>Carpinus caroliniana</i>	American hornbeam aka Ironwood; aka Musclewood			S		S				
Y			<i>Carya ovata</i>	Hickory, Shagbark			S		S		L		
Y			<i>Castanea dentata</i>	American chestnut	L			S	S				
			<i>Celtis occidentalis</i>	Hackberry		S			S				
Y			<i>Cornus alternifolia</i>	Dogwood, Pagoda		S		S	S			S	Syn: Swida alternifolia
Y			<i>Cornus alternifolia</i>	Pagoda dogwood		S		S	S			S	
Y			<i>Cornus florida</i>	Dogwood, Flowering		S			S				
			<i>Diospyros virginiana</i>	Persimmon		S	S	S	S				
Y			<i>Fagus grandifolia</i>	American beech				S	S				
Y			<i>Juglans nigra</i>	Black walnut				S	S				
			<i>Juniperus virginiana</i>	Eastern red cedar				S	S				
Y			<i>Larix laricina</i>	American larch				S	S	L			
			<i>Liquidambar styraciflua</i>	Sweetgum			S		S				
			<i>Liriodendron tulipifera</i>	Tulip tree		S	S	S	S	L		S	
			<i>Magnolia virginiana</i>	Sweetbay magnolia				S	S				
			<i>Nyssa sylvatica</i>	Blackgum aka Sourgum; aka Tupelo				S	S				
			<i>Ostrya virginiana</i>	Eastern hophornbeam aka Ironwood		S			S				
Y			<i>Picea glauca</i>	White spruce					S				
Y			<i>Pinus strobus</i>	White pine	S			S	S	S			
			<i>Platanus occidentalis</i>	American sycamore				S	S	L			
Y			<i>Populus tremuloides</i>	Quaking aspen					S				
Y			<i>Prunus serotina</i>	Black cherry			S	S	S				
Y			<i>Quercus alba</i>	Oak, White		S		S	S	L			
Y			<i>Quercus bicolor</i>	Oak, Swamp white		S			S	L			
Y			<i>Quercus palustris</i>	Oak, Pin		S		S	S		L		
Y			<i>Quercus rubra</i>	Oak, Northern red		S		S	S	L	L		

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Y			<i>Quercus velutina</i>	Oak, Black						S			
			<i>Sassafras albidum</i>	Sassafras		S			S				
Y			<i>Tilia americana</i>	American basswood		S		S	S				
Y			<i>Tsuga canadensis</i>	Canadian hemlock					S	L	L		